# Tibetan Energy Work

based on the system of the 24 inner lights



new training group at the Kamalashila Institute from March 2024

### Contact

Michaela Bergmeier Heilpraktikerin

Arnoldstrasse 26 22765 Hamburg Germany

Tel 0049 - 40 - 413 55 703 Mobil 0049 - 178 - 863 55 87

Registration
for training
welcome@tibetische-energiearbeit.de

Booking accommodation office@kamalashila.de

Further information you will find at my website:

www.tibetische-energiearbeit.de > english version



### Michaela Bergmeier

As an state certified alternative healer I have dedicated myself to the research of the Tibetan Energy Work for 17 years.

Since then I am teaching this knowledge in courses and lectures.

I stand up for the authentic preservation of this precious method while integrating it into our current lifestyle.

## **Training**

Location Kamalashila Institut
Kirchstrasse 22a
56729 Langenfeld / Eifel
Trainer Michaela Bergmeier
Co-Trainer Rolf Bergmeier
Assistance Kay Gebru
Fee of the training / incl. 1st weekend
3.040 Euro
Fee of the initial weekend 380 Euro

Costs for accommodation are not included.

Reduced fees can be arranged.

Duration of training 16 days

Dates

March 8 - 10, 2024 (basic weekend)
June 6 - 9, 2024 (4 days)
July 22 - 27, 2024 (summer week)
September 26 - 29, 2024 (4 days)
Time frame of the initial weekend
Start Friday at 6 pm
Closing Sunday at approx. 4.30 pm

The first weekend is intended to get to know each other and the TE®. At the end of this weekend you can decide whether you want to continue with the training.

The training is meant for people who are treading their luminous path, want to accompany other people with empathy and compassion, and who are ready to engage in deep inner processes.

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In the Tibetan Energy Work (TE®) we distinguish between 24 organs. Each of these can be addressed through points on the body.

During a treatment the client lies on a mat and the therapist touches the relevant points.

A merge of energetic systems is created. Stillness and connection facilitate a deep healing transformation.

All wisdom is contained in the human energy system

#### Content of the Training:

- The 24 Organs
   The main focus of the training lies on learning, understanding and experiencing these 24 inner energy sources with their topics, potentials, symptoms, treatment points and cascades.
- Origin and history of the method
- Diagnosis, treatment and exchange
- The 4 levels
- The 6 waves and 2 pyramids
- The 7 subtle bodies
- Treatments according to the 'left and right eye'
- Complementary organs and axes
- Equivalence of the organs and the vertebrae
- The Tibetan calender of the 24 organs (Great and Small Chi Chai)
- Which organ is 'yours'
- Questions arising out of the practice